



## **FLOOD PREPAREDNESS and RECOVERY:**

As a service to our clients and web users, ERMC has provided some links below to some excellent flood preparedness guidelines and recovery information:

- 1. The Government of Alberta has some of the best reference documents available off their web site. The offer excellent information on Flood Prevention, Before Flood Preparedness and an After Flood Guide. It can be found at:**

<http://www.aema.alberta.ca/documents/ema/Floods.pdf>

In addition to this guide, there are some specific resources available from Alberta Health Services relating to cleaning and mould.

### **Alberta Health Services - Cleaning your home:**

<http://www.albertahealthservices.ca/Advisories/ne-pha-cleaning-house.pdf>

### **Alberta Health Services – Dealing with mould:**

<http://www.albertahealthservices.ca/EnvironmentalHealth/wf-eh-mouldy-homesbuildings.pdf>

The City of Calgary has some specific guidelines for re-entry as well:

### **City of Calgary – Re-entering your home:**

<http://www.cocnmp.com/eoc/ArrivingHome2.pdf>

2. **Flood Recovery Guide from the Canadian Red Cross. This document is an good overall guide covering 5 key points for flood preparedness and recovery:**
  - i) **Checklists before you start**
  - ii) **Cleaning Up**
  - iii) **Heating Appliances and Utilities**
  - iv) **Food and Medicine**
  - v) **Planning**

The complete guide is available at:

<http://www.redcross.ca/crc/documents/3-1-2-4-flood-recovery-guide.pdf>

### 3. **GENERALIZED POST FLOOD SAFETY TIPS**

We have found one of the most comprehensive listings of flood safety tips at the Niles, Ohio, US website. They offer additional information on clean up, food and water safety, well safety in addition to utilities.

<http://www.nilesema.com/floodpost.htm>

### 4. **MOULD**

One of the big concerns to citizens after a flood event is the emergence of mould in their houses/offices. In addition the Alberta Health Services website, the EPA in the United States also has some excellent resource material for MOULD. You can find these at:

<http://www.epa.gov/mold/moldresources.html>

Another excellent resource for Mould is the Center for Disease Control web site. They also have excellent reference materials for dealing with mould at:

<http://emergency.cdc.gov/disasters/mold/reenter.asp>

The risks from electricity, natural gas/propane and mould are significant –when in doubt, leave the building and call a professional!

**The risks from electricity, natural gas/propane and mould are significant –when in doubt, leave the building and call a professional!**